


FEBRUARY 2019

Meals on Wheels



(607) 754-7856

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 MENU A CHEESEBURGER MENU B FISH SANDWICH WITH CHEESE
4 MENU A BBQ PORK RIBLETS MENU B TURKEY BURGER	5 MENU A PIEROGI & ONIONS MENU B CHICKEN & BISCUIT	6 MEATLOAF WITH KETCHUP GLAZE & MASHED POTATOES	7 MENU A CREAMY TUNA NOODLE CASSEROLE MENU B CREAMY HAM & PEA	8 MENU A HOLUPKI CASSEROLE MENU B CHEESE RAVIOLI WITH SAUCE
11 MENU A CHICKEN WITH MUSHROOM GRAVY MENU B SALISBURY STEAK & MUSHROOM GRAVY	12 MENU A PARMESAN BAKED FISH MENU B MACARONI & CHEESE	13 ROAST PORK & GRAVY WITH HERB STUFFING	14 MENU A BAKED POTATO WITH BROCCOLI & CHEESE MENU B BAKED POTATO WITH CHILI & CHEESE	15 MENU A PULLED PORK SANDWICH MENU B CHICKEN PATTY SANDWICH
18 MENU A BAKED CHICKEN MENU B HAM LOAF WITH RAISIN SAUCE	19 MENU A PEPPER STEAK WITH RICE MENU B BATTERED FISH WITH	20 BEEF STEW OVER A BISCUIT	21 MENU A ROAST TURKEY WITH GRAVY MENU B TUNA LOAF WITH CHEESE	22 MENU A SPINACH & CHEESE QUICHE MENU B HAM & CHEESE QUICHE
25 MENU A BEEF CHEESESTEAK SANDWICH MENU B CHICKEN CHEESESTEAK SANDWICH	26 MENU A VEGGIE STUFFED PEPPER MENU B CHICKEN & DUMPLINGS	27 LASAGNA WITH MEATBALLS	28 MENU A KEILBASA & CABBAGE MENU B HAM & CABBAGE	MENU SUBJECT TO CHANGE WITHOUT NOTICE

MARCH 2019

Meals on Wheels

(607) 754-7856

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MENU SUBJECT TO CHANGE WITHOUT NOTICE 				1 MENU A MACARONI & CHEESE MENU B FISH & CHIPS
4 MENU A SHEPHERDS PIE MENU B SPANISH RICE	5 MENU A BBQ CHICKEN MENU B BAKED FISH	6 MENU A SLICED HAM WITH SCALLOPED POTATOES	7 MENU A PASTA & SAUCE WITH MEATBALLS MENU B PASTA WITH SAUSAGE &	8 MENU A CHEESEBURGER MENU B FISH ON A BUN
11 MENU A BBQ PORK RIBLETS MENU B TURKEY BURGER	12 MENU A PIEROGI & ONIONS MENU B CHICKEN & BUSCUIT	13 MENU A MEATLOAF WITH KETCHUP GLAZE	14 MENU A CREAMY NOODLE CASSEROLE MENU B CREAMY TUNA NOODLE CASSEROLE	15 MENU A HOLUPKI CASSEROLE MENU B CHEESE RAVIOLI WITH SAUCE
18 MENU A CHICKEN WITH MUSHROOM GRAVY MENU B SALISBURY STEAK & MUSHROOM GRAVY	19 MENU A PARMESAN BAKED FISH MENU B MACARONI & CHEESE	20 MENU A ROAST PORK WITH GRAVY	21 MENU A BAKES POTATO WITH BROCCOLI & CHEESE MENU B BAKED POTATO WITH CHILI & CHEESE	22 MENU A PULLES PORK SANDWICH MENU B CHICKEN PATTY
25 MENU A BAKED CHICKEN MENU B HAM LOAF WITH RAISIN SAUCE	26 MENU A PEPPER STEAK WITH RICE MENU B BATTTERED FISH WITH RICE	27 MENU A BEEF STEW OVER A BISCUIT	28 MENU A ROAST TURKEY WITH GRAVY MENU B TUNA LOAF WITH	29 MENU A SPINACH & CHEESE MENU B HAM & CHEESE QUICHE