



MARCH 2019

Meals on Wheels

(607) 754-7856

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MENU SUBJECT TO CHANGE WITHOUT NOTICE 				1 MENU A MACARONI & CHEESE MENU B FISH & CHIPS
4 MENU A SHEPHERDS PIE MENU B SPANISH RICE	5 MENU A BBQ CHICKEN MENU B BAKED FISH	6 SLICED HAM WITH SCALLOPED POTATOES	7 MENU A PASTA & SAUCE WITH MEATBALLS MENU B PASTA WITH SAUSAGE &	8 MENU A CHEESEBURGER MENU B FISH ON A BUN
11 MENU A BBQ PORK RIBLETS MENU B TURKEY BURGER	12 MENU A PIEROGI & ONIONS MENU B CHICKEN & BUSCUIT	13 MEATLOAF WITH KETCHUP GLAZE	14 MENU A CREAMY NOODLE CASSEROLE MENU B CREAMY TUNA NOODLE CASSEROLE	15 MENU A HOLUPKI CASSEROLE MENU B CHEESE RAVIOLI WITH SAUCE
18 MENU A CHICKEN WITH MUSHROOM GRAVY MENU B SALISBURY STEAK & MUSHROOM GRAVY	19 MENU A PARMESAN BAKED FISH MENU B MACARONI & CHEESE	20 ROAST PORK WITH GRAVY	21 MENU A BAKES POTATO WITH BROCCOLI & CHEESE MENU B BAKED POTATO WITH CHILI & CHEESE	22 MENU A PULLES PORK SANDWICH MENU B CHICKEN PATTY
25 MENU A BAKED CHICKEN MENU B HAM LOAF WITH RAISIN SAUCE	26 MENU A PEPPER STEAK WITH RICE MENU B BATTTERED FISH WITH RICE	27 BEEF STEW OVER A BISCUIT	28 MENU A ROAST TURKEY WITH GRAVY MENU B TUNA LOAF WITH	29 MENU A SPINACH & CHEESE MENU B HAM & CHEESE QUICHE